

### **Genetic/Biological Factors**

- Genetic predisposition to BDD?
- Neurotransmitters (e.g. serotonin)?
- Certain brain areas?
- Evolutionary factors?
- Temperament?

### **Environmental (Cultural) Factors**

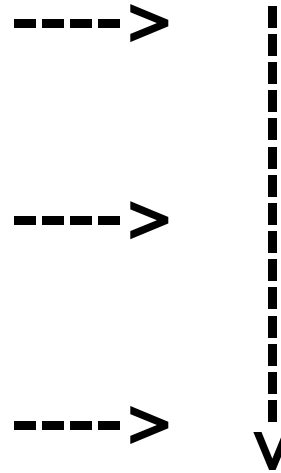
- Society's emphasis on appearance?
- Availability of steroids (for muscle dysmorphia)?

### **Environmental (Psychological) Factors**

- Life events (e.g. teasing, rejection)?
- Personality traits?
- Importance of appearance to self-esteem?
- Other factors?

### **Triggering Event**

- Comment about appearance
- Stressful life event
- Feeling rejected



**BDD Symptoms**