



The Young Adult Partial Program

What is the Young Adult Partial Program?

Our Young Adult Partial Program is a level of care designed to serve young adults, ages 18 to 26, who are struggling with depression, anxiety, or other mood-related symptoms that are seriously impacting function and/or safety but do not require inpatient hospitalization for stabilization.

The Young Adult Partial Program (PHP) consists of:

- Four (4) group therapy sessions a day
- Daily private check-ins with a therapist
- Medication management meetings with a program psychiatrist on the first day, the last day, and in between as needed

The program requires participation Monday through Friday from 9:30 a.m. - 2:30 p.m., for five (5) consecutive business days.

First day start time is 7:30 a.m.

What is unique about the Young Adult Partial Program?

The Young Adult Partial Program specializes in the mental health treatment of young adults with specific expertise in:

- LGBTQ+ affirming treatment
- Academic or work performance issues
- Mood disorders
- Life-stage concerns that are common in young adults



We utilize our Resiliency Treatment Concept which is a model unique to the Young Adult and Adolescent programming at Butler which informs the way we deliver care across our services.

How do I register for the program?

Self-referrals are common and welcome. Referrals from healthcare professionals are optional. Services are covered by most health insurance plans, and we are happy to assist you with reviewing your coverage options.

To start the enrollment process or to get help determining which of our many programs might be best for you, contact our Behavioral Health Services Call Center at **1(844) 401-0111**.

For more information, use your smartphone's camera to scan the QR code, or go to:

www.Butler.org/Adult-Partial-Program



BUTLER
HOSPITAL